



## Chef Sheronda La'Shanetta Woody-Wilson

April 3, 1990 - August 6, 2023

Chef Sheronda L. Woody-Wilson, 33 was born in Paterson, New Jersey to Ernest Wilson and the late Janet Woody. She moved to Charlotte, NC as a young girl. Sheronda started her education at John Motley Morehead Elementary, where she found her love for Music and Art. She sang soprano in the chorus and was a member of the Right Moves for Youth step team. Sheronda also participated in extracurricular activities at the West Trade Boys and Girls Club. Sheronda continued to explore interests in the arts during middle school and part of her high school years at Northwest School of the Arts. As a teenager, Sheronda moved to Aiken, SC. She attended Aiken High School where she excelled in many things, including Culinary Arts. After high school, Sheronda continued her education at Johnson & Wales University to pursue her dream of becoming a chef. She later graduated at the top of her class from Johnson & Wales University with an A.S. in Culinary Arts (2011) B.S. in Food Service Management (2014). In 2012 Sheronda welcomed a beautiful daughter into the world. She would say she is her most significant accomplishment. Sheronda had many years of experience working in her field. During college, she was a working intern at Walt Disney World. She also was an educator who taught Culinary Arts at Aiken High, Midland Valley High, and started the Culinary Arts program at Garinger High. Most recently, she was employed at Lifetime Fitness as a member of the Culinary Staff. Sheronda was known to brighten everyone's day with her outgoing personality. She always encouraged others to live healthy in all areas of life. It

wasn't unusual for her to prepare you a balanced meal, be your self-care accountability partner, or invite you to church service on Sunday. Sheronda was the epitome of what it means to be of service to others and will be greatly missed. Sheronda is survived by her daughter: SeAnna Wilson, father, Ernest Wilson, siblings; Quiam Woody, Quanesha Woody-Isaac, Whitney Larkin, Brandon Wilson, Kayla Wilson, grandmother, Louise Wilson, three nephews, four nieces; and a host of aunts, uncles and cousins.

# Cemetery Details

## Oaklawn Cemetery

Charlotte, NC

# Previous Events

## Visitation

**AUG 24.** 11:00 AM - 12:00 PM (ET)

A.E. Grier & Sons Funeral and Cremation, LLC.  
2310 Statesville Avenue  
Charlotte, NC 28206  
(704) 377-4243  
info@aegriersonsfcc.com  
<https://www.aegriersonsfcc.com>

## Celebration of Life Service

**AUG 24.** 12:00 PM (ET)

A.E. Grier & Sons Funeral and Cremation, LLC.  
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# Tribute Wall

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“ I had the pleasure of working at Lifetime cafe with Sheronda over the last 2 years. She was a light in my day each time I was at work. We would talk about parenting and relationships. We would laugh and just catch up each day during our shifts. The kitchen will never be the same without her there!  
Rest in peace, Sweet Friend

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**Lisa Curtis** - August 24, 2023 at 02:23 PM